



ACTIVE SHOOTER PROGRAM



hss

Safe in the knowledge

DESIGNED BY HEALTHCARE PROFESSIONALS, FOR HEALTHCARE PROFESSIONALS.

Active shooter incidents occur in all types of U.S. hospitals, including inner-city, suburban, and rural, and in hospitals of all sizes.¹ In recent years, U.S. hospitals have seen an average of at least one shooting per week.² Patients and visitors under the influence of drugs and alcohol, suffering from psychological disorders, or struggling with domestic conflict create a dynamic environment ripe with potential for violent disruptions.

Because well-trained staff both respond and recover better, healthcare safety and security professionals nationwide choose HSS EM Solutions™ to develop an effective active shooter response. Our active shooter exercises and prevention and response training can save lives and improve staff confidence while reducing employee turnover and psychological trauma.

Unlike generic programs, ours is designed by healthcare professionals, for healthcare professionals. With years of on-staff hospital experience, our team knows how hospitals and their community partners operate—resulting in realistic, memorable exercises and trainings that resonate with everyone from frontline staff to senior leadership.



Comprehensive Hospital Active Shooter Program

HSS EM Solutions offers the program features, flexibility, and economies of scale that customers seek, helping maximize your budget and minimize staff training time. Our program takes into account the specific facility undergoing training and fully complies with numerous accrediting body guidelines, including OSHA's workplace violence recommendations. Our program includes components offered together or individually:

Plan Review and Development

Developing an effective active shooter response capability requires implementing a plan and incident management system that:

- Balances the risks of active shooter response with patient, staff, and visitor safety.
- Is ingrained in all staff members.
- Functions effectively during crisis situations.

EM Solutions staff will work with you to identify and, if needed, strengthen how your hospital mitigates the risk of, prepares for, and responds to an active shooter incident.

¹ Kelen, Gabor D., MD, Christina L. Catlett, MD, Joshua G. Kubit, MD, and Yu-Hsiang Hsieh, PhD, "Hospital-Based Shootings in the United States: 2000 to 2011," *Annals of Emergency Medicine*, Vol. 60, Issue 6, pp. 790-8, <http://www.annemergmed.com/article/S0196-0644%2812%2901408-4/pdf>.

² Data compiled annually by HSS Inc. from various media sources.

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Training Seminars

Our training increases awareness among all staff and prescribes actions they should take in the event of an active shooter incident. The course is a didactic presentation with room staging and real-world lessons learned. To maximize staff participation, our customers typically conduct multiple training sessions. Core topics include:

- **Statistics, characteristics, motivators, tactics, and possible indicators of shooters**
- **Healthcare challenges and vulnerabilities**
- **Active shooter and police response**

Drills and Exercises

EM Solutions offers both discussion- and operations-based exercises ranging from tabletops to full-scale events with community partner integration. Unlike exercises led by law enforcement, ours are tailored to healthcare staff and the unique situations they might face during a shooting.

We specialize in developing customized exercises and often use creative solutions to allow hundreds of staff to participate. For example, we partnered with Presbyterian/St. Luke's Medical Center and Rocky Mountain Hospital for Children, Denver, Colo., to design and conduct 14 realistic active shooter exercises held in live patient care units and throughout various hospital departments over two days—with zero loss of staff productivity.

Our drills and exercises reinforce active shooter training concepts and allow participants to practice in a scenario-driven event. They also incorporate objectives that evaluate all six critical areas of The Joint Commission's accreditation requirements and are fully compliant with the Homeland Security Exercise and Evaluation Program. EM Solutions provides facility leaders with documentation including written exercise objectives, after-action reports, and improvement plans.



EMERGENCY MANAGEMENT AND PREPAREDNESS

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"Because many insurance carriers recognize the ROI of implementing and practicing an active shooter procedure, active shooter trainings can help healthcare organizations reduce insurance costs. An active shooter plan is one of the key qualitative variables in our underwriting criteria. I have seen clients receive premium concessions approaching double-digit percentages when we have viewed these to be more than just a plan sitting on a shelf. The key to having these plans is making sure they are practiced within the organization."

Lance Ewing
AIG

"The feedback from my team has been nothing but positive. During this time with such an uptick in violence, our active shooter training was incredibly successful."

EM Solutions customer Morgan Thomas, Presbyterian/St. Luke's Medical Center and Rocky Mountain Hospital for Children